
COMPASS SPECIALIZED ASSESSMENTS

FREQUENTLY ASKED QUESTIONS

What kind of assessments are offered by COMPASS?

COMPASS offers several different assessments to assist with vocational planning. Each of these assessments is designed to collect information that will help you set vocational goals that are good match for you, and to help you start to develop a clear, manageable plan to move you towards your goals.

You may be referred for one of the following assessments:

- Vocational Psychological Assessment
- Vocational Psychological - Learning Disorder Assessment
- Employment Planning Assessment
- Learning Disorder Assessment

More information about the specific assessments is available on our [website](#).

What is the purpose of the assessments offered by COMPASS?

The purpose of the assessment is to help to identify the best work pathway for you. The information gathered during the assessment will answer questions about your emotional functioning, strengths and limitations, thinking and learning abilities, academic (school) skills, and what kinds of job activities interest you most. This information is used to make recommendations for jobs that would be a good fit for you, and to help you develop a clear, manageable plan to help you succeed in your vocational goals.

Who will be working with me during my assessment?

Back in Motion has a team of professionals who offer assessment services through the COMPASS program. You will be working with either a Registered Psychologist or a Clinical Consultant.

A *Registered Psychologist* has completed the registration process with the College of Psychologists of BC. All of the Registered Psychologists at Back in Motion have a doctoral level of training, which means they have a Ph.D. (Doctor of Philosophy in Psychology) or a Psy.D. (Doctor of Psychology) degree.

A *Clinical Consultant* at Back in Motion is an individual who is in the process of registering with the College of Psychologists of BC. This means that they have typically completed doctoral level training from an accredited university, completed all pre- and post-doctoral internships, and submitted their application for registration to the college. Clinical Consultants may have already taken a number of qualifying examinations that are administered by the College of Psychologists of BC and other regulatory bodies.

Upon successful completion of these examinations, a Clinical Consultant will become a Registered Psychologist. Clinical Consultants' work with clients is supervised and monitored

by a Registered Psychologist, and their reports are reviewed and signed off by the Registered Psychologist prior to submission. The supervising Registered Psychologist holds ethical and professional responsibility for the assessment and reports.

The assessment testing may be done by a *Testing Assistant*. At Back in Motion, all of our Testing Assistants have a Masters level degree or are working towards their Masters degree, and are trained in the administration and scoring of a wide range of assessment measures. The Registered Psychologist conducting or supervising the assessment is responsible for ensuring the quality of the testing and the interpretation of all test results.

Back in Motion is a teaching facility. This means that you may be asked if you are comfortable with having a graduate-level university student observe or perform part of your assessment. The students will always work closely with a Registered Psychologist, who is responsible for ensuring that the assessment is done properly.

What will I be doing during the assessment?

As discussed above, there are different types of assessments, tailored to your needs. You do not need to study or prepare anything in advance. The assessments commonly involve activities such as:

- Interview to gather information about your emotional functioning, physical health, current personal strengths, needs or challenges, education level, work history and interests
- Completion of questionnaires that provide information on your emotional well-being, as well as how you are coping on a day-to-day basis
- Completion of activities to provide information on your thinking and learning abilities, as well as your academic skill level

Many people are nervous about completing these assessments before they arrive. Your assessment team will do their best to make you feel at ease. Most of our clients tell us that they feel much more comfortable once they meet their Psychologist or Clinical Consultant and the assessment gets started.

What are the timeframes for COMPASS Assessments?

- The majority of COMPASS assessments take between 4 and 6 hours
- You will be provided with opportunities for breaks and lunch

Am I involved in decisions related to my assessment?

Yes, you are involved in your assessment and are free to ask questions throughout your assessment. You will also be invited to give feedback on your assessment through a satisfaction survey provided upon completion of the assessment.

Who gets a copy of my assessment report?

With your consent, the assessment report will be sent to your Avia Employment Services/WorkBC Case Manager, Rehabilitation Consultant, or WorkSafeBC Case Manager/Vocational Rehabilitation Consultant. You will also get a copy of the report.

If you were not referred to our service by another organization, then the report will be provided directly to you. The report will not be released to anyone else without your written permission.

How will I find out the results of my assessment?

Following the assessment, you will be offered a feedback session. During the feedback session, the Registered Psychologist or Clinical Consultant will review the results of the assessment and the recommended next steps with you. If you are working with an Avia/WorkBC Case Manager or WorkSafe BC Vocational Rehabilitation Consultant, they will also be invited to the feedback session. You will be given the chance to ask any questions you may have.

Does Back in Motion work for the referral source?

No, Back in Motion is a private company providing rehabilitation and employment services for a variety of organizations, including the Ministry of Social Development (WorkBC), WorkSafeBC, and other insurance providers. We also provide services to private clients. Our clinical opinions and recommendations are based on the observations and findings of the assessment team. All of our staff members are employed by Back in Motion.